



## WOMAN'S REALM

SPRINGTIME HINTS.  
New Designs For Warm Weather Silks—  
Simple Tailor Gowns.

The more and pompadour styles will be favored in silks for spring wear, and transparent woolen goods, such as grenadines and etamines, will be immensely popular. It is probable, too, that the open meshed goods will be made over silk of a different color, instead of the self-color that has been in use for a year or two.

Fancy silks are promised for entire gowns, as well as for waists. These will be generally of soft finish, and decided twill, rather than of taffeta. Printed Liberty's are expected to be particularly prominent, and Lyons goods are shown in a variety of effects. For linings nothing can take the place of taffeta, with its crispness and body. Silk warp goods also are becoming somewhat popular.

Extreme novelties in silk are printed peau de sole and armure and changeable grounds for fancy taffeta.

The double skirt persists in its effort to obtain recognition. This mode demands a fitted bodice reaching the waistline at the back, and extending to a point in front.

A new idea in trimming for cloth skirts is the use of two shaped flounces widening towards the back, on the edging of which is a narrow and full ruffle of bias velvet of the same shade.

Cloth suits for street wear are to be simply made for spring, relying for their distinction upon the fine quality of the material and the perfection of fit. The extremely light weight cloths, however, for calling and matinee gowns, will be made as decoratively as heretofore. A favored embellishment for these is embroidery, either of the color of the fabric, or in contrast. The color chosen for embroidery is carefully shaded from light to dark, and the effect is extremely good.

One by one the old styles revive. A late model, with the front breadth laid in narrow box pleats and the other gores finished by a flounce deep at the back and only about six inches where it meets the front, looks as if it might have been taken from a fashion book of at least twenty years ago. It is not likely to obtain great favor, however, as the bulkiness of the front is too great a contrast to the "straight front" teaching that has almost revolutionized the feminine figure and taste.

Equally objectionable, and for the same reason, was a costume seen at a reception lately, which was of blue crepe, "accordioned" at the top and with the fullness run on three cords at the knee, thence falling free. The gown was evidently new and expensive, but was almost dowdy in its puffy effect.—New York Tribune.

### Make the Children Happy.

If, instead of saying: "You may not do that now; wait until you are a man," we would say: "You may do something else now while you are young; later, you cannot do it," we would give children a certain valued sense of prerogative and take away much of the envy which they feel toward adults. It is surprising how many occasions a mother finds daily for saying: "Wait until you are larger," or, "When you are older you will understand."

In looking back upon childhood, many fail to see it as the happiest time of life, for, standing distinct forever, are thoughtless words which stabbed far deeper than they could today, and times of disgrace which seemed more than we could bear; also, the feeling that we were really of little importance until we had full growth was not encouraging. We were always stuffing ourselves with oatmeal because we were told that it would make us grow, and submitting to twilight bedtime for the same reason.

Realizing all this, it is surely worth the effort to impress upon our children the beauty and the privileges of their golden days, that, whatever later life may hold for them, they can say: "Never mind, I have had a beautiful childhood with its happiness pressed down and running over." The early life of the child will then have received its proper value and the whole character will be enriched in consequence. Besides, we know well that some little lives are only with us through the golden days.—Gertrude Sherman Trowbridge, in Good Housekeeping.

### Adopted the Greek Dress.

Free from the thralldom of the starched collar and corset, a colony of men and women have established themselves in a garden spot of the South Seas, where they have named the Island Beautiful. It is a modern Greece, so far as costumes are concerned, for the men and the women dress in flowing robes, and they declare that they find this dress one of the most comfortable as it is undoubtedly one of the most picturesque fashions of clothing. Miss Adelaide King, one of the women who foreswore the delights of classic Boston to join the colony when the first contingent went out to the Island Beautiful about a year ago, writes describing the intensely interesting life of the community: "We believe in a doctrine of beauty; not only do we strive to attain physical beauty, but we have freed ourselves from the sordid, hideous things that curse so-called civilization. We have adopted the beautiful Greek dress.

their system of making music, and gymnastic exercises, important factors in education. Though we women dress like the Greek women, our position in affairs is distinctly modern. We have the social and political rights which the new woman craves. The children in the colony have an advantage over us in that they are being brought up under ideal conditions, while we are tainted with the years of improper living."—Chicago Record-Herald.

### Being a Good Hostess.

A woman may possess wealth untold, she may have the kindest of hearts and the brightest of minds, but unless she has absolute control of her feelings there will be some time in her career as hostess that she will display annoyance or flurry, and the contagion, spreading to her guests, will die out in an undisguised failure.

A model hostess must to all appearances be made of stone, so far as disagreeable happenings are concerned. Even though a guest or careless waiter inadvertently breaks a bit of china which can never be replaced, she must smile as though the loss of the whole set would but emphasize the pleasure of the evening. Her well-bred calm inspires her guests with a feeling of confidence, and, though in her heart she may be very dubious about certain important details of her dinner or dance, if she does not show her anxiety everything will pass off to a happy conclusion.

A flurried hostess or nervous host whose countenance but badly conceals the worry felt can do more toward making the guests uncomfortable than if the soup were served stone cold, and if the salad dressing was ruined by a too bountiful quantity of vinegar.

An imperturbable calm and a ready tact are the two important factors in the making of a model hostess. Secure these, by hook or crook, and you need never fear for the success of any of your entertainments.—Washington Star.

### Beauty and Breathing.

Correct breathing is the first art to cultivate in the pursuit of beauty, just as it is the first step toward improvement in health. As a woman breathes so she is; for the poise of the chest is the key-note to the whole figure. When the chest is in proper position, the fine points of artistic wearing-apparel and all the little frills of fashion are seen to best advantage. Even humble materials assume a certain elegance hitherto unknown. But if it is carried badly, the figure droops and falls into ugly angles. Nothing sets well; no garment seems right. It is always wrong to make the bone structure do most of the work in keeping the body upright. The muscles should hold it in position, otherwise grace is out of the question and good health difficult. To breathe correctly keep the chest up, out, forward, as if pulled up by a button. Keep the chin, the lips, the chest, on a line. Hold the shoulders on a line with the hips. The observance of these directions will insure to golf skirts and rainy-day costumes a real dignity and picturesque effect. Breathe upward and outward, as if about to fly, drawing in the air with slow deep breaths and letting it out gently. This conscious deep breathing repeated ten or twenty times at intervals during the day tends to expand the chest permanently, to give it classic poise and style. Repeated forty times, it is said to be a cure for worry.—Dr. L. F. Bryson, in Harper's Bazar.



## NEWEST FASHIONS

Painting silk and satin for millinery and dress purposes is a fancy that pleases many women just now.

A dainty evening headdress is composed of very small ostrich feathers, with bright silver frosting decorating the tips at the extreme end.

Something of an Oriental effect is given to a muslin which has stripes of black in a conventional pattern, not solid, and between these other conventional designs in many colors.

One of the most attractive of the heavy cotton materials is the embroidered polka dot canvas of a very fine mesh. This is seen in shades of blue and in tan, with large black dots.

Most conspicuous among stockings is a pair of a violent flame red, having a large plain medallion of black over the instep, and upon this embroidered a few red flowers, a little less brilliant than the body of the stocking.

An elaborate and showy stocking has a long insert of lace extending from the toe well up above the instep, the design having a plume-like effect. Under several of the leaves of this design are set pieces of violet silk.

The new importations of stockings, like all other accessories of underclothing, are elaborate. Embroidered stockings are now deemed a trifle more modish than the open work variety. Black and white effects are very fashionable.

Slowly but surely the coiffure is shifting its position from the top of the head to a point anywhere between the crown of the head and the nape of the neck. This tendency to lower the knot is especially noticeable at the fashionable dancing parties and wherever full evening dress prevails.

In the United States army and navy generals rank with admirals, lieutenant-generals with vice-admirals, major-generals with rear-admirals, brigadier-generals with commodores, and colonels with captains.



## HOUSEHOLD HINTS

### To Economize Soap.

To economize soap in the laundry a little pipe clay may be used for kitchen cloths and other much soiled articles. It has a very cleansing effect, and if a little be dissolved in the water only about half the usual amount of soap will be required.

### The Indispensable Couch.

A big, roomy chair is a medium of comfort and rest to many a man, but the couch—a genuinely comfortable article of furniture, not a delusion and snare—better satisfies the average woman when she feels the need of a brief rest, and the home which does not boast at least one low, broad couch is not completely furnished, no matter how much furniture and bric-a-brac it may possess.

### The Dwarfed Plants.

No woman has failed to admire the dwarfed plants for whose culture the Japanese are famous. The gardeners stunt them by removing the roots before they have spread beyond a certain distance.

To make a capital miniature plant place an acorn or some similar hardy young seed into the earth in an orange skin from which the top has been cut and the pulp removed so that the shape of the skin is not changed. As fast as the roots push through the orange skin they should be cut off with sharp scissors. The plant must be given plenty of moisture and kept in the sunshine. When necessary an old orange skin may be slit open and the plant in the earth slipped into a new one. A hanging basket made of wire should be molded to hold the skin vase and its fairy-like plant.—Washington Star.

### Pantry Conveniences.

My pantry has two or three home-made conveniences that are products of our own inventive genius; at least we never find them in a rented pantry until we put them there, says a contributor to Good Housekeeping. One is a narrow shelf, not more than three inches wide, placed where it can be most easily reached; sometimes it is a long one under a broad, high shelf, sometimes a set of short ones in a space between window-casing and wall. Its purpose is to hold such articles as baking-powder can, salt, pepper and various seasonings that have their home in bottles or small tin boxes. The shelf is narrow, so that everything may be in front, with no possibility of being crowded behind anything else. A row of small-headed wire nails driven into a strip of wood fastened to the wall, in easy reach of the hand, makes my second comfort. These nails are three or four inches apart and project an inch or a trifle over. Everything hangable—spoons, casters, egg beaters, etc.—finds a place there, a single article on each nail. A second row, higher up, holds the less frequently used things when the lower nails are in danger of being crowded.



## HOUSEHOLD RECIPES

Corn Bread—Beat together one cup milk, one cup flour, one cup corn meal, two teaspoonsful baking powder. Add one tablespoonful butter, which has been melted in baking pan, pinch of salt, one beaten egg and two table-spoonfuls sugar. Stir thoroughly. Bake twenty-five minutes.

Cheese Custard—Grate three or four ounces of American cheese; beat three level table-spoonfuls of butter to a cream; beat two eggs; mix the cheese and butter together; then add the beaten eggs and one table-spoonful of milk; beat these all thoroughly; pour into a buttered dish and bake in a quick oven. Serve as soon as removed.

Rice Moulded—Wash and boil one cupful of well washed rice in three pints of boiling water until every grain is dissolved and the water replaced with a thick paste of rice; stir into it one cupful of sugar, rind of one lemon and a little salt; beat half a cupful of cream to a stiff froth and stir into the rice; then mix in half a cupful of preserve juice or jelly, which should be a bright red; put into moulds and stand in a cool place; turn out and serve with whipped cream.

Cabbage Salad—Select a firm white cabbage. With a silver knife cut out the centre, leaving a cabbage shell with walls about half an inch thick. Set in a cool place. Shred the cabbage finely removed. Pour over it any good salad dressing. Just before serving fill the cold cabbage shell with the salad. Put on a plate garnished with parsley and apple rings or parsley and fried oysters. The cabbage shell, if put in a cool place, may be chopped and used for a vegetable soup next day.

# RELIABLE DAIRYMEN.

## DIRECTORY OF LEGITIMATE DEALERS.

The following dairymen are known to the Editor of the CITIZEN as reliable producers, who own their herds of cattle and deliver their own product. There are no milk hucksters in this list.

### BENNING FARM DAIRY,

J. P. REILLY, Proprietor.  
Benning, - - - D. C.  
Established 1892. Pure milk right from the farm served in sealed jars twice a day. Customers are invited to inspect my dairy at their pleasure.

### HILLOCK DAIRY,

JOHN BERGLING, - - - Proprietor.  
Brentwood Road, Md.

Established 1884. Pure milk served to my customers fresh from the dairy every morning.

### OAK GROVE DAIRY,

D. MCCARTHY, - - - Proprietor.  
Bladensburg Road, D. C.

Established 1896. Fresh milk delivered direct from my dairy farm every morning. Two deliveries a day contemplated soon.

### St. John's Park Dairy,

Flary Harriet Hatcher, Prop.  
Brookland, D. C.

Established 1896. Pure milk delivered every morning. We invite an inspection of our place at all times. Milk for children a specialty.

### BRIGHTWOOD DAIRY,

MRS. C. ROBINSON, - - - Proprietor.  
Brightwood, D. C.

Established 1885. We deliver morning's milk only every morning. Our night's milk is all sold to dealers.

### L. T. JONES & CO.

## EXPERT Mattress Makers,

633 H St. N. W., near 7th St.  
Telephone Main 1409.  
Any kind of mattresses made to order. Old mattresses re-made as comfortable as new ones. Special attention given to out of town orders.  
Seventeen years of actual experience.

### THOMAS W. SMITH,

Lumber & Merchant,  
SASH, DOORS, BLINDS, GLASS  
AND MILL WORK,  
Washington, - - - D. C.  
Office, 1st St. and Indiana Ave. N. W.  
Mill, F. of N. J. Ave., S. E.  
Wharf, 4th St. Eastern Branch.

### C. E. BURNS,

Dealer in  
Groceries, Teas,  
Meats and Provisions.

609 FIFTH AND EAST CAPITOL ST.

### LADIES' TAILOR-MADE SUITS.

NEW YORK  
LADIES' and GENTS' FASHIONABLE TAILOR

Suits made to order in the most approved fashion.

I. MORRIS, 409 East Capitol St.  
Cleaning, Dyeing and Repairing.  
PRICES REASONABLE.

### WALKING WILL

BE A PLEASURE  
—If you'll remember to rub a little

"PRIMACURA"

—on your feet before going to bed. It takes away aches and pains—relieves the soreness—reduces swollen joints.

ALL DRUGGISTS sell "Primacura." 25c, 50c, and \$1 bottle. 25c. size, by mail, 35c.

Primacura Co., OFFICE,  
Laboratory, 1840 7th St.

## MISHLER'S HERB BITTERS.



THE GREAT HOUSEHOLD REMEDY.  
They bring Health, Strength and Happiness to the Weak and Convalescent.

An Unexcelled Appetizer.

MISHLER HERB BITTERS CO.,  
400 North 3d Street, Philadelphia, Pa.

\$1.00 per Bottle.  
MISHLER'S RED LABEL BITTERS unexcelled for all Female Complaints. \$1.50 per bottle.

SOLD BY ALL DRUGGISTS.

### CONGRESS HEIGHTS DAIRY,

JOSEPH WAHLER & SON, - - Proprietors.  
CONGRESS HEIGHTS, D. C.  
Established 1863. We deliver pure milk direct from the farm every morning.

### PAYNE'S FARM DAIRY,

M. J. PAYNE, Proprietor.  
Bladensburg, - Maryland.

Established 1886. It is my aim to serve my customers with the very best quality of milk. I invite an inspection at any time.

### NATIONAL PARK DAIRY

J. P. MORROW, Proprietor.  
Broad Branch Road, D. C.

Established 1884. Pure milk from sound, healthy cattle delivered to all parts of Washington.

### HOYLE'S FARM DAIRY,

MRS. A. J. HOYLE, Proprietor.  
Congress Heights, - - - D. C.

Established 1884. We serve first-class milk all bottled on the farm. Dairy always open to inspection.

### Buena Vista Dairy,

D. A. LANDON, - - - Proprietor.  
Suitland Road, near Suitland, Md.

Established in 1880. I am on the farm with fifty head of cattle and deliver only pure milk that will always bear inspection.

### PALISADES DAIRY,

W. L. MALONE, - - - Proprietor.  
[Conduit Road, R. C.]

Established 1893. Pure milk and cream served in any part of the city every morning. I will order by mail promptly attended to.

### CHILLUM FARM DAIRY;

WM. McKAY, Proprietor.  
Woodburn, (Terra Cotta), D. C.

Established 1880. I serve pure milk right from the farm every morning. I think the best is none too good for my customers.

### Douglas Place Farm Dairy

EDW. PARKHAM, Proprietor.  
Douglas Place, Benning Road, D. C.

Established 1886. I spare neither pains nor expense in trying to produce milk that is a No. 1 in quality. Plant always open to inspection.

### TERRELL'S DAIRY.

E. TERRELL, - - - Proprietor.  
Arlington, Virginia.

Established 1891. I serve pure milk straight from the farm every morning. My milk will stand the test every time.

### Glen Ellen Farm Dairy,

GEO. T. KNOTT, - - - Proprietor.  
Conduit Road, D. C.

Established 1888. Milk from my dairy is guaranteed to be both clean and pure. I always solicit the closest inspection.

### LARGEST AND MOST COMPLETE BUGGY FACTORY ON EARTH



OUR GOODS ARE THE BEST—  
OUR PRICE THE LOWEST  
PARRY MFG. CO., Indianapolis, Ind.

Suits for \$1.00. Gentlemen's Suits cleaned and pressed for \$1.00!!! Make 'em look like new. Altering and Repairing Done in First-class style. Goods called for and delivered.

## HAHN'S

705 9th Street N. W. Washington Phone 143-2.

### THE IRVINGTON HOUSE.

TENALLYTOWN, D. C.

Again Open for Business.

After being closed up for four months, and after making a most desperate fight for my rights I have won and will be glad to see all my old friends at the old stand. Nothing but the best for everybody.

Ernest Loeffler, - Proprietor.

### AUGUSTUS BURGDORF CO.,

...FURNISHING...  
Undertaker & Embalmer,  
2009 Seventh St. N. W.,  
WASHINGTON, D. C.

### Augustus Burdorf Co.,

Cabinet Making and Upholstering,  
Decorating and Painting.

2009 Seventh St. N. W., Washington, D. C.

### White Lily Patent

A HIGH GRADE FLOUR  
Manufactured by . . .

G. W. CISSEL & CO.

GEORGETOWN, D. C.

We manufacture other brands of High Grade Roller Process Flour that we sell at a very moderate figure to the trade, but for family use the WHITE LILY PATENT is not excelled by any flour on the market.

We grind Maryland and Virginia wheat ENTIRELY, because long experience has taught us that it is the best in the United States.

G. W. CISSEL & CO.,  
ARLINGTON ROLLER MILLS,  
...GEORGETOWN, D. C.

EDWARD L. OIES,  
Attorney - at - Law,  
Rooms 22 and 23 Warder Building,  
S. E. Cor. F and 9th Streets N. W.,  
WASHINGTON, D. C.

FOR SALE.

Several tracts of land near Brightwood and Takoma, also Building Lots on Brightwood Ave., and 14th Street road. Louis P. Shoemaker, 920 F St., N. W.